

Asamyutha Hastaas (Single Hand Gestures)

1. Pathakaha
2. Thripathakaha
3. Ardapathakaha
4. Kartharimukhaha
5. Mayuraha
6. Ardachandraha
7. Araalaha
8. Shukathundaha
9. Mushtihi
10. Shikaraha
11. Kapithaha
12. Katkamukaha
13. Suchi
14. Chandrakalaha
15. Padmakoshaha
16. Sarpashirshaha
17. Mrugashirshaha
18. Simhamukaha
19. Laangulaha
20. Sholapadmaha
21. Chaturaha
22. Bhramaraha
23. Hamsaasyaha
24. Hamsapakshaha
25. Samdamshaha
26. Mukulaha
27. Thaamrachudaha
28. Thrishulaha

Samyutha Hastaas (Double Hand Gestures)

1. Anjali
2. Kapothaha
3. Kharkhataha
4. Swastikaha
5. Dolaha
6. Pushpaputaha
7. Utsungaha
8. Shivalingaha
9. Katakavardhanaha:
10. Karthariswasthikaha
11. Shakataha
12. Shankaha
13. Chakraha
14. Samputaha
15. Paashaha
16. Keelaha
17. Matsyaha
18. Kurmaha
19. Varahaha
20. Garudaha
21. Naagabandhaha
22. Khatva
23. Bherundaha
24. Avahithaha

Paada Bedhas

1. Udghattithapadaha
2. Samapadaha
3. Agrathalasancharapadaha
4. Anchithapadaha
5. Kunchithapadaha
6. Soochipadaha

